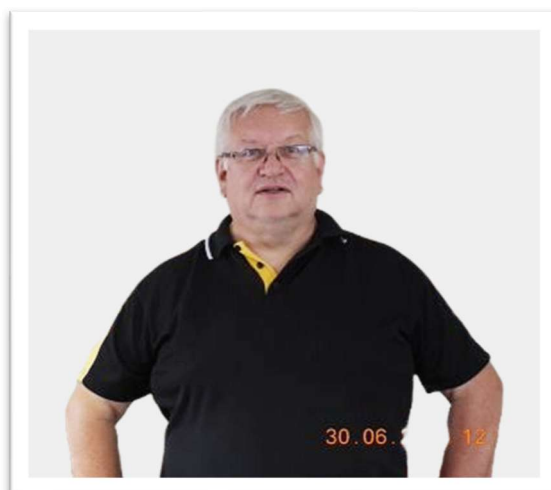


The Newsletter of Anlaby, Willerby and Kirk Ella u3a

Number 85 August / October 2026



Hello everyone,

I am Mark Beaumont, who you kindly elected as the new Chair for AWAKE for the next two years. What a summer for me to start, with high temperatures, grass turning to hay and all due to continue into September.

Firstly, can I thank Sue McPhee, Chair, for doing a grand job and leaving the post in a healthy and wealthy position. Secondly thanks to Sue Dyson who also did a grand job as Business Secretary, but who has retired from the Committee and for whom we need to find a replacement.

Out of the current membership of 450 we need just one volunteer to step in and take over this role, which involves taking notes of matters discussed at each of the Committee meetings, typing these up, and undertaking any other admin matters that might arise. Have you a spare couple of hours a week to help out? The U3A is run by volunteers for the benefit of all members but it is a two-way street. Without Group leaders or the Committee running the many various groups or functions, there wouldn't be a U3A to attend. So, over the next fortnight please consider coming forward to volunteer either by contacting myself or any member of the Committee via the webpage, <https://awake.u3asite.uk/contacts>, or at any of the Group meetings via the Group Leaders.

I have been with AWAKE for over 10 years helping and then running the Naturewatch Group, and last October joining the Table Tennis Group. Since the middle of June, I have attended some of the many other Activity Groups as I introduce myself to you all, and have been made warmly welcome, and in August I shall continue with this.

Mark



Your AWAKE u3a Committee 2026 – 2027

Lynn Quantrill - Treasurer

Mark Beaumont - Chair

Chris Watson - Vice Chair & Group Co-ordinator

Judy Rogerson – Speaker Finder

Sue McPhee – Newsletter distribution

Mel Woods – Committee member

Angela Dixon – Assistant Treasurer

Steve Clark - Health & Safety

Committee Members not in the photo:

Gwynneth Carmichael – Membership Secretary

Francis Davies - Publishing

Chris Toffolo – Newsletter editor

The committee continues to work hard to make AWAKE u3a even better! Please feel free to approach any committee member with your questions or any suggestions you may have about the running of AWAKE u3a or the wider u3a organisation. Minutes of our monthly committee meetings can be found at:

<https://awake.u3asite.uk/awake-u3a-committee-meeting-minutes/> There is a link on the 'Latest News' page of our website.

General Monthly Meetings

All AWAKE u3a members are invited to our general monthly meetings which are held at St Andrew's Memorial Hall, HU10 7QA at 1.45pm for 2.00pm on the 3rd Wednesday of every month. The venue is on Beverley Road at the corner of Redlands Drive, opposite the large Willerby car park. Our programme for the next three months is:

19th August A fundraising event for the Memorial Hall – put it in your diary and invite some friends. Look out for an email from Sue McPhee regarding this event.

16th September Phil Walker, Seven Wonders of the Modern World

21st October Brian Burton, Fenner's

18th November Mike Storr, Masters of Mirth

Newsletter Delivery & Collection

We are grateful to our members who hand deliver the quarterly newsletter. However, there are quite a few members who have the newsletter delivered, who personally attend the monthly meetings where they are available to collect. Please see Sue McPhee at the desk to cancel delivery and collect your copy at the next meeting.

Interest Group News

The Summer Holidays can sometimes be a quieter time for groups with people being away or on 'Grandparent Duty' but hopefully by the time you read this, routine will be returning. More members would be welcome for the Badminton group especially, but most groups have space for new members if you contact the Group leaders. The Pickleball groups continue to grow, and most groups are enjoying welcoming the new AWAKE members. The possibility of a Line Dancing group is still being followed up (sorry it's being a slow process) and Mark, our new Chair is willing to run a beginners' Chess Group if there is any interest. If you have any queries about existing groups or have any suggestions for new groups please get in touch with me, Chris Watson.

GROUP LEADERS DON'T FORGET THE GET-TOGETHER ON FRIDAY, SEPTEMBER 11 TH AT THE MERCURE HOTEL, at 2pm.

Here are the reports from our interest groups:

Art for Everyone

Hi everyone, just to let you know the Art group is on summer vacation.

Our next meeting will be 21st September. Our topic for the term will be based on water colours and taking a painting from the planning stage to the finished article. If you would like to try our friendly group, we meet on the first and third Monday each month, 1.30 to 3.30 pm. We are a mixed ability bunch ably assisted by Mary Randell (retired Art teacher). The group is held at the Guide Hut, Main St, Willerby and there is ample parking. If interested, please contact me – Denise Roberts

Badminton

We meet Friday afternoons all the year at the Hull and East Riding sports centre on Chanterlands Avenue from 2pm to 3.30.

Members must also become members of the sports club - £30 a year. We pay £2 each week to cover costs of lights and shuttles. We do not have teams but play turn and turnabout. We are a friendly group and would welcome more players. Come along and join us! Contact Ann Berriman

Book Groups

As usual we've had a varied read over the last few months. Two books were by popular writers – 'Heads You Win' by Jeffrey Archer and 'The Memory Man' by David Baldacci, both being enjoyed by most people and worth a read. An interesting book was 'Weywood' by Emilia Hart, telling the fictional story of three generations of 'witches' possessing powers to connect with nature. Future reads include 'The Body' by Bill Bryson and 'The Seven Sisters' by Lucinda Riley. The Groups meet on the third Wednesday & Thursday of each month so if you're interested in joining one of them give me a ring (Chris Watson) and I can answer any queries you may have and let you know what books we are going to be reading.

The Bridge Group meet on the 1st 2nd and 3rd Wednesday of the month at 1.30pm till 4pm, at the Willerby Library, Main Street, Willerby. New players welcome. Contact Anita for details.

Coffee and a Stroll

We offer a leisurely 2-mile (approx.) footpath stroll, within a 10-mile radius of Willerby, fortnightly on Sundays at 10.00am. We start from a designated parking area, followed by coffee and chat in a nearby venue. Give it a try. You will be more than welcome.

The next scheduled walks are:

Aug 30th – Swanland. Parking and Coffee at 'Swan and Cygnet' pub.

Sept 13th – Willerby. Parking in Sainsburys car park and Coffee at 'Mr Pipp's'.

Sept 27th – Welton. Parking and Coffee at 'Lucky Duck' coffee shop.

Oct 11th – Woodmansey, Parking and Coffee in 'Woodmansey Garden Centre'.

Oct 25th – Hull, Parking and Coffee at 'Coffee Luxe'.

Nov 8th – Haltemprice Leisure Centre. Parking and Coffee at the Centre.

For any further information or issues regarding location or transport etc. please contact me: Les McPhee

The computer club is about much more than just computers. We meet at The Beech Tree from 11.00 – 13.00 every 2nd and 4th Wednesday of the month, with 2 or 3 resident 'experts' willing to help and advise on individual problems. This Group is open to all AWAKE members – you don't have to be a member of the Group to make use of it. If you have an IT problem, please just drop into one of our regular meetings for help. All members are welcome. Contact Chris Moody for information.

Craft Group

It really is a pleasure leading this friendly group as there are a variety of crafts being worked on. Our members give encouragement to maybe try something different and there are plenty of tips to conquer any challengers. There were plenty of sharing skills and that helped solve challenges for our members and that also includes me!

Looking forward to seeing everyone at the next three meetings on 17th August, 21st September, and 19th October. Contact me: Barbara Gardner.

Darts & Dominoes

Numbers have been down for the last few weeks due to holidays and illness, but we still enjoy getting together to play dominoes and darts (with varying degrees of skill!). Our next dates are Tuesdays: August 25th, September 8th & 22nd and October 6th & 20th and we meet at the front room of the Library on Main Street 7-9. If you're interested in joining the Group or you have any queries, please contact Les Holmes for more information.

Family History Group

The Family History Group now meets at The Beech Tree from 11.00 – 13.00 every 2nd and 4th Wednesday of the month. We are a small, friendly Group, each working on our own projects, but sharing research hints, tips and pointers with other members. New members are welcome, so if you have an interest in Family History, either as a beginner or an expert, do come along and join us. You may prefer to work quietly on your own, or you may wish to discuss your family tree problems with other members over a cup of coffee – either way, you will be made very welcome. New members are always welcome. Chris Moody for information.

Flex and Stretch

We meet every Monday at St Luke's Church Hall, Chestnut Avenue. There are two sessions 12.25-1.10pm and 1.20-2.05pm. No floor work. If you would like to give it a try. Please contact me: Sue McPhee

French Conversation Group

We continue to meet at 2.30 on the first and third Mondays in the month, and we begin with a translation from French into English. The topics have ranged from an article about vaccines to translations from Jane Austen and Agatha Christie. This is followed by our personal news in French and a general chat in French (and English!) We still have at least one space available, so contact me if you might be interested. Michael Ebeling

Guitar Group

The Guitar group meets every Wednesday 10am to 12am. The group has recently changed venues and now meet at St Mark's Church Hall, Anlaby Common, near the junction of Hull Road and Springfield Way. We play a wide range of music and have chosen the name 'AWAKE to the Beat' to reflect our u3a. We already have twelve members, and if you are interested in coming to see us and what we do you will be welcome. For more information contact me, Paul Kirk.

The Games group, including the Chess Group meets every Monday morning (excluding bank holidays) 10am - 12 in the lounge of Willerby Methodist Church.

The games that are usually played are Rummikub, Scrabble and Sequence.

We do have other Games such as Banana grams, Upwords and we also have a large print Scrabble for anyone of limited sight. For card Games we possess a holder for anyone who cannot hold their cards. We do try to cater for everyone.

Our group is very welcoming and friendly, and no one would profess to be an expert, we all like to play games for fun and keep our grey matter active. We are looking for a few new members to join us, so if you're free on a Monday and like to play games, come along and see if it's for you! The cost is £2.50 for the room hire and 50p for a drink and chocolate biscuit.

If you want to know any more details, contact Jackie Kitchen.

Chess Group

As a result of our plea for more players, we now have around 8 members but still have room for more. If you are interested, please contact Peter Taylor for details.

The Local History Group is one of the most popular in AWAKE u3a with a regular attendance of around 40 members. The venue is St. Luke's Church Hall, so there's plenty of room for more! Our monthly meeting is held on the third Thursday of each month starting at 2 p.m. (doors open at 1.30). Every meeting features an illustrated talk by an experienced speaker covering a range of diverse topics, all related to the local history of Hull and East Yorkshire.

As well as our monthly talks we occasionally arrange outings to local places of interest. In June we organised an outing to St. Charles Borromeo Church in Jarrett Street. What a treat it was! This is Hull's hidden gem! We were given a guided tour of this wonderful Grade 1 listed building by the resident priest, Father Philip, who gave an interesting account of its history. The visit included a descent to the extensive crypt. Should there be enough demand, we will arrange another visit at a future date. In the meantime, a guided tour of Trinity House including a viewing of their fabulous silver collection has been arranged for Thursday, 24th September. Reservations for this will begin at our meeting on 20th August.

Our next two meetings:

20th August - "City Slickers" by Graham Lewis

17th September - "Hull's Incredible Untold Wartime Story" by Dennis Chapman

More information contact the group leader, Francis Davies, or take a look at our webpage:

https://awake.u3asite.uk/u3a_groups/local-history/



Members of the Local History Group at St. Charles Borromeo

Nature Watch

The Nature Watch Group arranges fortnightly visits for members, to various natural locations, as detailed in the Forthcoming Events list below. All the meetings start on Friday mornings at 9.30am at Willerby Square car park (down by the side of Sainsbury's)

We welcome prospective new members, with or without their own transport, and are happy for them to try out a visit to see what they are letting themselves in for.

U3A AWAKE Nature Group outings 2026:

14.8 Barlow Common
 28.8 Pocklington Canal
 04.9 North Cave
 25.9 Askam Bog, York + Wheldrake Ings
 09.10 Millington Woods
 23.10 Blacktoft
 06.11 Tophill Low
 20.11 Kilnsea wetlands + Spurn

Additional date:
 17.7 to 9.8 Big butterfly Count

(please note that 11.9 Allerthorpe was changed to 04.9 North Cave)

Please let us know by email (mark@1dragon.karoo.co.uk) if you are intending to come with us and whether you need transport. Mark and Celia Beaumont.

Photos from recent trips:



Above 7l, 8cent, 9r 1 to 9 photos all by mark



10above all by mark



11L 12r both by Ann

Top: (L) Bittersweet, aka Woody Hemlock (C) Cucumber Spider (R) Net Marked Parmeila Lichen

Centre: Yellow Medick aka Tall Yellow Sweetclover

Bottom: (L) Common shieldbug (R) Common Blue Damselfly



AWAKE u3a Group walk around Hull old town with Paul Schofield

Pétanque Group

Pétanque is held on Fridays, 2 pm start. Behind the Library, Main Street, Willerby. All are welcome. It usually lasts for approximately an hour and a half. Come and give it a go! Contact: Mel Woods



Pickleball Group

Our Pickle Ball group is held on a Tuesday and Wednesday afternoon. We would love you to join us. So, if you've never played Pickleball but would like to give it a go, then contact Cath Spence via our AWAKE website.



Play Reading Group - held on the 4th Wednesday of the month.

The June play was *Nude with a Violin* by Noel Coward. It is set in Paris in 1956. Following the funeral of a famous painter his family and associates find out that he painted none of the pictures which were signed by him and sold for large sums of money. It turns out that they were painted by several different people over a period of time. The artist dies intestate and this leads to concerns as to how much money will be inherited and by whom. Sebastian the valet manipulates events to bring about a happy ending for everyone. Christine Trever

Running Riot - a farce by, Derek Benfield

A mild-mannered, Yorkshire greengrocer, Humphrey Podmore, decides that he's had enough of his domineering wife so escapes to Europe. Whilst there, he is mistaken for a famous British Olympic athlete, then lands in a farcical web of international espionage. Further high jinks lead to Humphrey being forced to run the race, leading to chaotic results.

Our Summer lunch is on Wednesday, 26th August, at 1.30 pm, and the next play reading will be on Wednesday, 23rd September, at 2pm. Pauline Park

Photography (digital)

The U3A Photography Group has enjoyed a varied and rewarding few months of photographic exploration, making the most of Hull's changing landscapes and the opportunities offered by the wider Humber area.

We began our summer programme in Hull's newly reopened Queens Gardens, where members were able to experiment with fresh perspectives on familiar spaces. The redesigned gardens offered plenty of interest: reflective water features, new planting schemes, and the interplay of light across the open lawns and pathways. After spending time there, we moved into Hull's Old Town, taking advantage of its historic architecture, narrow streets, and textured brickwork to capture a contrasting set of images.

June brought an unexpected challenge. With temperatures soaring well beyond comfortable levels, we made the sensible decision to cancel our planned meeting. Photography is best enjoyed when everyone can participate safely, and the extreme heat simply made it impractical. The break, however, gave us time to share pictures we have taken via WhatsApp and to plan something special for July.

For our July outing, we crossed the Humber to visit Waters' Edge Country Park in Barton. This location proved to be a highlight of the season. Members photographed a wide range of wildlife around the ponds and reed beds, as well as expansive views across the Humber estuary. The nearby Barton Haven offered opportunities to capture atmospheric shots of old vessels resting in the mud, each with its own story etched into weathered timber and rusted metal. And of course, no visit would be complete without photographing the Humber Bridge, which provided dramatic compositions from both the shoreline and the park's viewing points.

Across these outings, the group has continued to enjoy a friendly, supportive environment where members share ideas, compare techniques, and learn from one another. Whether experimenting with composition, exploring new camera settings, or simply enjoying the company, each meeting has brought something memorable.

We look forward to our upcoming sessions and to seeing the images our members produce as the year continues. New participants are always welcome, just bring your curiosity, your camera or phone, and a willingness to explore.

The group meets on the last Friday of the month. Contact: [Kevin](#)



Quizzing Group

Our Quiz Nights continue to be very popular and we have even had new Quiz Masters having a go. Even if we don't score very highly we enjoy 'learning' new information and having a laugh together at our combined lack of knowledge. For example 'What is the nearest living creature to T-Rex?' – I'll leave you to find out!! If you fancy turning up and seeing if it's for you, contact me, Chris Watson, and you'll be made more than welcome. You don't need to be in a team as these are sorted out each Quiz, so anybody on their own can just arrive and be warmly welcomed. Our next dates are Thursdays: August 20th, September 3rd, 17th, and October 1st, 15th & 29th. The Quiz is held at Anlaby Village Hall and starts promptly at 7.30.

Short Walks

Our walks start at 10.30 and are around 3 miles long. We walk on the second and fourth Mondays of each month and all members of AWAKE u3a, or any local u3a group, are welcome to join us. We socialise afterwards for a bite to eat, or a drink and a chat. You don't have to book, you can just turn up, but if you have any questions or would like more information, contact details are below.

24th August – Cottingham Golf Course. Generally flat, pavements and footpaths. No toilets. Park on Woodhill Way near Lazaat Hotel (HU16 5SX) and we will socialise at the King William IV pub(HU16 4BD) on Hallgate in Cottingham.

14th Sept – Anlaby Snickets. Flat, pavements and paths, toilets in the sports centre. Park at the far end of Haltemprice Sports Centre car park (HU10 6QJ) and we will socialise at their café.

28th Sept – Cottingham and Snuff Mill Lane. Generally flat, pavements and paths, muddy if wet. Park at King George V playing fields, North Gate, Cottingham (HU16 5QW) and we will socialise in the Hallgate café (HU16 4BB) on Hallgate in Cottingham

12th Oct

Pearson Park Ramble. Generally flat, pavements and paths (and Meerkats!). Possibly toilets at café and in Pearson Park. Park in the car park beside Warners Health Club (HU4 6TG) on Pickering Road and we will socialise in the adjacent café.

26th Oct County Road Ramble. Generally flat, pavements and footpaths, possibly toilets in cafe. Meet at Coffee Luxe (opposite the Priory pub), 150 County Road South, HU5 5NA, where we will socialise. On-road parking on County Road South or Dayton Road opposite the cafe.

9th Nov – Swanland Round. Slight inclines, pavements and footpaths, toilets at the café. Park on West End Road in Swanland near Oliver's Coffee Shop (HU14 3PE) where we will socialise.

23rd Nov – Willerby Wander. Flat, pavements and paths, toilets in the café. Park at Springhead Golf Club (HU5 5JE) and we will socialise at their café.

14th Dec – Willerby Low Road. Slight inclines, pavements and paths. Park at the Star Inn, Main Street, Willerby (HU10 6BY) where we will have our Christmas meal.

If you have any questions or want further details, please contact Paul Newman.

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The short walkers looking for a short break in Hedon

Singing for Fun

Why not join our friendly singing for fun group. We meet every other Tuesday evening 6.30- 8pm at the Anlaby Village Hall. It is not a choir we sing 50's 60's and 70's songs and also some more modern. This group is open to ladies and men. If you like to sing, give us a try. Contact Sue McPhee

Spanish

The Spanish Group meets roughly fortnightly on Monday mornings at The Beech Tree, South Ella Way, Anlaby, and begin at 11 a.m. when the pub opens. Turn left inside and head for the back corner. The Group offers a variety of opportunities for both beginners and improvers to practise Spanish conversation by discussing topical subjects. These are the dates for the next couple of months: September 7th and 21st, October 12th and 26th.

For more information, please contact: Hazel Ward

Stately Homes

We had our annual four days away this month and had a great time, as usual. David, one of our group has written a review of the trip so you can find out more of what went on. Some of our sessions round the trip had to be postponed so we are now having the speaker in August to tell us about how things are looked after in the country house. Hopefully we will have a day trip in September to Sewerby and keep our fingers crossed that it doesn't rain (we've had it rained-off twice before so third time lucky!). In October, Francis Davies is going to talk about lost villages around some of the local country houses. The group meet on the first Thursday of the month, at 2 o'clock in St Luke's Church Hall (unless we have a trip out) and you are more than welcome to join us. If you would like more general information about the group, please do not hesitate to get in touch. (Chris Watson).



2026 AWAKE u3a Annual Stately Homes Trip – all aboard on Ullswater

On Monday 6th July at 8.30 we boarded the Acklam's coach to take us on our annual holiday, this year to the Lake District. Julie was our very friendly driver.

On the way to our hotel we visited Kiplin Hall, a red-brick building extended several times over the centuries. It, unusually, and yet like all the other homes we toured this year, was basically owned by the same family throughout. Nestled between Richmond and Northallerton it was filled with numerous treasures gathered over many generations, including part of the wooden block used in the beheading of Charles I. A drive through the Yorkshire Dales and into the Lake District took us to The Crown Hotel, Wetheral on the edge of Carlisle.

Tuesday proved to be a very busy day. By 10.00am we were sailing the length of Ullswater from Glenridding Pier to Pooley Bridge on the 'Raven', an Ullswater 'steamer' commissioned by Thomas Cook in 1889. Beautiful views of the lake and the mountains - very "Swallows and Amazons".

Dalemain Mansion is a grade 1 listed building 5 miles from Penrith. Like the other properties we visited in Lakeland, it was built around a pele tower. Pele (or peel) towers were small fortified Norman keeps built along the English/Scottish borders to combat border reivers. Over the centuries, additional buildings have been built around and alongside. Extensive gardens were explored. Founded in 2005, the World's original Marmalade Festival and Awards is an annual event, and the house contains a marmalade museum featuring Paddington Bear.

Hutton-In-The-Forest is another grade 1 listed building north of Penrith built around a pele tower. It contains superb seventeenth century furniture as well as rooms decorated in an Arts & Crafts style with wallpaper by William Morris. Again,

extensive gardens were available to view.

After dinner, Chris Watson gave out a picture quiz (donated by Mark, our chairman) in which we had to find the titles of 50 films. It proved to be very entertaining, although The Invisible Man apparently wasn't there.

Wednesday was a more relaxing day. A morning visit to Levens Hall, south of Kendal. It is a beautifully well-kept property, again built around a pele tower and with numerous generations of the same family living (and still living) in it. Particularly impressive were the trees with amazing topiary, many over 300 years old. It was said to be the finest, oldest and most extensive topiary garden in the world.

After lunch in the cafe or from the on-site bakery, it was on to Kendal for a little retail therapy in this pretty, bustling market town.

The quiz in the evening was held in two adjoining rooms. It was well received with some very creditable scores all round. We now know what connects Bernard Cribbins with Beyoncé and gall bladder operations!

We were all packed up and ready to leave at 9.00am. Julie must have been relieved at having to manoeuvre out of the tight hotel entrance for the last time. On to the Bowes Museum at Barnard Castle, County Durham. Designed in the French style of the First Empire, it has never been lived in as it was always designed as a museum and gallery. Opened in 1892, it was built to house the extensive collection of artefacts gathered by Josephine and John Bowes. Many more than you can hope to properly see in one visit. Temporary exhibitions of Vivienne Westwood's clothing and pages from Norman Cornish's 269 sketchbooks of life in Spennymoor were fascinating. We watched the daily performance by the mechanical Silver Swan at 2.00pm built in 1773 and with over 200 moving parts it was truly spectacular. Then it was back to the coach for our return journey to Willerby, where the high temperatures of the third heatwave of the summer we had been avoiding up north hit us.

Once again we all had a wonderful, memory-packed holiday. Our thanks to our superb driver Julie - hopefully we'll see her again next year - but especially to Chris Watson who has once again excelled all expectations, despite the health issues she has faced. David Newman

Supper Club

Kristoff's in Cottingham is where we meet every 3rd Friday in the month. Kristoff's has been chosen by the regulars for its good homemade food, good prices and good company. Different menu each month. If interested, please contact Sue McPhee.

Table Tennis

The table tennis group meets every 2nd and 4th Thursday of the month at Men in Sheds First lane Anlaby 2pm until 3.30pm. This is a friendly mixed ability group, just come along, equipment provided. Contact: Sue McPhee

Tai Chi

Unfortunately, one of the Tai Chi groups has had to close due to low numbers and retention of new members, until I know numbers for the remaining group, the list is currently closed. With the remaining group, the focus is still on health and wellbeing through movement, which includes a warm-up, cool down, balance and breathing exercises. A set of moves called 'The Form' with 140 stances is the core of the session, although we are also working with nunchuks which has proved popular, fun and enjoyed by all. Contact: Angela Dixon via the AWAKE website

Ten Pin Bowling Groups:

The Friday Tenpin Bowling group play at the Superbowl on the lowest level of the Princes Quay Shopping Centre in Hull. We start at 10.15 to allow bus passengers to use their passes after 9.30 and only bowl during school term times.

As part of the "Breakfast Club" deal, bowling costs £6 for 2 games with a free cup of tea or coffee and the option of half-price breakfast items (e.g. a bacon sandwich now is £2).

Shoe hire is free, although most of us use our own flat-soled shoes or trainers. You don't need to bowl each week, just turn up and we will be delighted to see you whenever you can make it. For further information please contact David Newman. The Monday group meets at 10am at The Hollywood Bowl Kingswood Retail Park, Gibraltar Road, Hull HU7 3DB Bowling costs £7 for two games, car parking is free. New members are always welcome, no experience required, come and learn a new skill and have fun. Lifts may be available if required please contact me if you need a lift or any further information. Steve Clark

Ukulele Groups

Barely Awake are starting 2026 with a practice of some old songs and hoping to add some new ones. Anyone interested in joining the group please contact Peter Taylor.

Sunshine Strummers

It's been a busy summer season, already, for the Sunshine Strummers with performances at the Walkington and Gristhorpe Ukulele Festivals, The Big Afternoon Tea Event in Cottingham, Mires Beck Summer Fair, and Magdalen Park and Ivanhoe Care Homes.

We love taking our music out into the community and we are receiving lots of requests to play from new venues all based on recommendations from groups and individuals that have heard us play.

We are now working on a new Sea and River Inspired theme as we work towards a concert for the Beverley Barges Heritage weekend in early September. We also have an exciting project planned for early November as we have been booked to play at a Bomber County - Yorkshire themed event linked to Remembrance Day. We are also already fully booked up for performances over the Christmas period commencing in late November, including One Amazing Christmas Strum at the Albermarle Music Centre on Saturday 5th December. We now have over 30 members and alongside our enthusiastic ukulele players we now have a drummer, a washboard and a bass player contributing to our amazing music ensemble.

New and experienced players are always welcome and we meet every Monday at Men in Sheds in Anlaby from 2pm – 4pm. A short six-week introductory programme is also available for beginners before progressing to join the group. If interested, please contact us. Gary and Hazel Hughes



A couple more photos from the Nature Group



Angry tufted duck



Great Crested Grebe, courting

Did you know?..... AWAKE u3a is part of the local u3a ACCORD, an association of all the u3as in our area. This includes Swanland, Cottingham, Hessle and Beverley. We have a reciprocal agreement with all these u3as enabling members to join each other's interest groups, if their home u3a does not run one with their particular interest. There is no obligation to join the neighbouring u3a as a member. So, just type in the other u3a's name in your internet search engine and see what else is on offer out there!

AWAKE u3a Website

You can find lots more information on all our AWAKE u3a interest groups on our website. Just type awake.u3asite.uk/groups/ into the search engine of your choice and you will find a wealth of information about our interest groups and much more at your fingertips! Get clicking!!

In My Own Write

Write an article for AWAKEN and win £20! Your article will appear under the title 'IN MY OWN WRITE.' What we are looking for is a reflective, interesting, amusing or opinion piece, rather than a purely informative article. The content can be light-hearted or serious, but it must be suitable for the AWAKEN readership. Your article must be approximately 450 words long (one side of A5). Avoid religion, politics and too many exclamation marks!!! Please include your Name and Membership Number. Contributions should be sent to the Editor.

Next AWAKE: The deadline for contributions for the next Newsletter is:

31st October 2026

The AWAKE Team:

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Distribution (email): Gwynneth Carmichael

Registered Charity Number 1150988 ANLABY WILLERBY AND KIRK ELLA U3A